



3 D Invitational Swim Meet Central Delaware YMCA & Aquatic Center February 2, 2008

- Place:** Central Delaware YMCA & Aquatic Center
1137 South State Street
Dover, Delaware 19901
(302) 346 – 9622
- Time:** Session One (10 & under)
Warm-ups begin 7:30am, meet begins 8:30am
- Session Two (Distance Freestyle)
Warm-ups begin 11:00am in the 4 lane pool, meet begins no sooner than 12:00pm
- Session Three (11 & over)
Warm-ups begin 1:30pm, meet begins 2:30pm
- Facility:** 25 yards, 8 lanes, non-turbulent lane lines, starting blocks, Daktronics timing system with touch pads at both ends.
- Awards:** Individual Events (except open): Medals 1, 2, 3 Ribbons 4, 5, 6, 7, 8
High Point Award will be given in each age group based on individual events. Open Events will not be scored.
- Scoring:** The value of points for first through eighth places is as follows:
Individual 9 – 7 – 6 – 5 – 4 – 3 – 2 – 1
- Eligibility:** This meet is open to all invited teams participating in the C & P League (YMCA) competition. All individuals must be members of the YMCA they represent. Age for this meet follows C & P League Guidelines – age of swimmer on December 1, 2007 determines swimmers age group.
- Age Groups:** 8 & under, 9-10 year olds, 11-12 year olds, 13-14 year olds,
15-18 year olds, Open (All events with a distance of 400 or greater)
- Each swimmer may enter three (3) individual events, and two (2) open events.
- Teams must supply a person to count for all 500 and 1000 yard swims
- Rules:** Current USA rules apply. This will include no false start rule and fly over start.

Fees: \$4.00 per individual event
Checks payable to: Central Delaware YMCA (1 check per team)

Entries: All entries must be received by the meet entries coordinator by **12:00 pm on January 21, 2008**. Entries must be filed electronically by email to our team representative, Kelly Gardner at KELJOUR@aol.com as an attached file, or by mail to the YMCA using a 3.5 disk to the attention of Kelly Gardner, meet entry coordinator. Entries not on a disk or e-mail file will not be entered in the meet. Entry fees should be received by a single check payable to **Central Delaware YMCA**

Please make sure to include parent authorization forms and meet support forms along with your entry summary sheet & check in the mail.

Spectators: No admission will be charged and programs will be for sale at the snack bar for a nominal fee. Spectators are encouraged to bring their own chairs

Sponsorships: Parents may sponsor an event for \$10, and their child's name will appear in the program for that event. (ex. GoChelsea James....Go).

Concessions: Concessions will be served throughout the day.

Team Area: All teams will be seated throughout the YMCA. Each team will be expected to provide adult supervision for their swimmers. The meet director may disqualify any swimmer from the meet for being disruptive or being unsafe. Each team is responsible for their area.

There will be a Clerk of Course for this meet. It will be the swimmer's responsibility to report to the Clerk of Course in a timely manner. There will be no re-swim for an event missed.

Hotels:

Sheraton Inn	Hampton Inn	Days Inn
1568 N. Dupont Hwy	1568 N. Dupont Hwy.	272 N. Dupont Hwy
(302) 678 – 8500	(302) 736 – 3500	(302) 674 – 8002

3 D Invitational Order of Events

Session One, 10 & Under			
7:30am Warm-ups 8:30 am Meet Start			
Girls	Age Group	Events	Boys
1	8 & under	100 Free	2
3	9 – 10	100 Free	4
5	8 & under	100 IM	6
7	9 – 10	200 IM	8
9	8 & under	50 Fly	10
11	9 – 10	100 Fly	12
13	8 & under	50 Free	14
15	9 – 10	50 Free	16
17	8 & under	50 Back	18
19	9 – 10	100 Back	20
21	8 & under	50 Breast	22
23	9 – 10	100 Breast	24
25	10 & under	200 free	26
Session Two, Distance Freestyle			
11:00 Warm-up (in 4 lane pool), Meet start no sooner than 12:00			
27	9 & over	500 Free	28
29	13 & over	1000 Free	30
Session Three, 11 & Over			
1:30pm Warm-ups, 2:30pm Meet Start			
31	11 – 12	200 Free	32
33	13 – 14	200 Free	34
35	15 & Over	200 Free	36
37	11 – 12	100 Fly	38
39	13 – 14	200 Fly	40
41	15 & Over	200 Fly	42
43	11 – 12	100 Free	44
45	13 – 14	100 Free	46
47	15 & Over	100 Free	48
49	11 – 12	100 Back	50
51	13 – 14	200 Back	52
53	15 & Over	200 Back	54
55	11 – 12	100 Breast	56
57	13 – 14	200 Breast	58
59	15 & Over	200 Breast	60
61	11 & over	400 IM	62



Parent Authorization Form

In consideration of our acceptance of this entry, I hereby for myself, my heirs and assignees waive any and all claims or damages which I might have against the Central Delaware YMCA & Aquatic Center and the Dover Dolphin Swim Team, their agents or representatives for any and all injuries suffered by me or my child in or at this meet (Dover 3D Invitational – February 2, 2008).

Swimmers Name: _____

Parents Signature & Date: _____

Address: _____

Team Association: _____



Meet Support

Please insure that your team provides three timers and at least 1 official for this meet. This is the minimum and we will be unable to provide this meet without your help and support.

Team: _____

Coaches Name: _____

Timers: Session 1

Session 2

Session 3

1. _____ 1. _____ 1. _____

2. _____ 2. _____ 2. _____

3. _____ 3. _____ 3. _____

Officials: Session 1 _____

Session 2 _____

Session 3 _____

We thank you for all your support, please make sure to include this sheet with your check and to include this information with your entries to our team representative

Kelly Gardner, keljour@aol.com



2008 Dover 3 D Invitational Entry Summary Sheet

Team Name: _____

Head Swim Coach: _____

Phone Number: _____

	Girls	Boys	Total Entries	X Fee	Total Due
Individual Entries				\$ 4.00	
				Total Due	

Coaches Signature: _____

Please e-mail your entries no later than 12 noon on January 21, 2008 to Kelly Gardner, keljour@aol.com

After e-mailing your entries, please remember to send the following things along with your check to the YMCA, attention Kelly Gardner, Meet Entry Coordinator

- Entry Summary Sheet
- Meet Support Form
- Parent Authorization Form

Mail to: Central Delaware YMCA & Aquatic Center
1137 South State Street
Dover, Delaware 19901
Attn: Kelly Gardner, Meet Entry Coordinator